

ISSUE 21
MARCH 2024



● NEWSLETTER ●



IN THIS ISSUE

- MONTHLY RECAP
- BEHIND THE SCENES
- PAULINA PSKIET
- ARETE PARTNERSHIP
- UPCOMING BIRTHDAYS
- FANTASY FOOTBALL
- POOL TOURNAMENT 2024
- EXERTIS EXPRESS
- JUST FOR FUN

BEHIND THE SCENES



HR

Our HR rep Anthony is due to be on site in April, however a date has not been finalised yet. His door is always open so feel free to pop in if you wish to have a chat with him.

RUNNING CLUB

If you have never run before or just fancy a walk, ask Ben for more information.
ben.hodgson@mtr.co.uk

MENTAL HEALTH WALKS

Despite the weather the walks will still be going ahead and will NOT be postponed.
The next walk is taking place on
Wednesday 3rd April

MTR COMMITTEE

We are still looking for colleagues to apply for the revamped MTR committee.
If you are willing to spare 2hrs one friday a month to help make MTR a better place. Do let us know.

NET ZERO STRATEGY

As part of Exertis Net Zero initiative to decarbonise our operations - to net zero by 2050 or sooner and by 50% against a 2019 baseline, by 2030.
MTR have alligned with Arete Zero Carbon to help identify where we as a business can be better and help achieve our own target of being 100% Net Zero by 2030.

BRIGHTEST STAR

Congratulations to Cara-Blue Donnelly who was put forward as our Monthly Brightest Star for February.

Our Nominees for the Annual Bright Star awards were submitted last weekand will be announced shortly.
Thank you everyone for your continued hard work and support over this financial year.

WE THANK U CARDS

There has been a very good increase in the use of these and the Exertis Express online nominations over the last few weeks which is amazing to see. If there are any still any questions you have with the cards or how to nominate someone please do ask Steve (steve.savill@mtr.co.uk)

DOM CHARITY EVENT

Dom is taking part in a Strictly Dancing Ball event in June. Raising money for Teens Unite. He currently has a cometiotion running where you can win a pair of Galaxy Bud2 Pro. Lets all support him and donate to this great cause.
Scan the QR to donate.



Thursday 4th April

Brandon Smith

Sunday 7th April

Christopher Lawrence

Thursday 11th April

Jordan Cook

Thursday 18th April

Reimo Tugi

Tuesday 30th April

Agnes Juhasz



Are you involved in any fundraising or charity events?

Please let us know so we can share your journey with the team and help raise awareness



PAULINA BUY-BACK HUB TEAM LEADER

Czesc!

Let me start with something positive. It's officially spring now so warm sunny days are closer and closer and we can all start daydreaming about our holidays.

This month the page was passed to me. I show up at different places from time to time and some of you may think 'who is even that'.

So yeah, that's me. Paulina and as of last April I am Team Leader of Buy-Back Hub.

For those of you that don't know it, yet BBH is department that receives and process devices straight from the customers before they start their journey through rest of our company.

Buy-Back Hub is where I started, by now those desks, the crazy and fast paced routine of the day-to-day operations feels like home. Oh, the way I started here. Scared of my own shadow, fresh from huge life change and just before some guy decided to eat a bat.

Since those first months of learning ins and outs of processing and, making my mind up on the fact that Androids are superior, it always felt

like living in the highest gear.

New challenges every day, always growing team and working with people who are more than happy to share their knowledge and experiences with you - be it work stuff or life lessons and all you need to do is ask.

I'm not over exaggerating when I said this place made me rediscover in myself a thirst to consume all the information I can get and hope that one day I might be a person to ignite this into others.

If I believed in fate, I would have said that it was by its power that I'm writing this in March, the month during which for all my life I celebrated International Women's Day and all amazing accomplishments that women made through the ages.

My journey as a person is still happening, as at this point, I don't feel settled into my skin yet, and a lot of it is influenced by women that I interact with daily.

I consider myself very lucky, that I've met so many people here that are strong, confident, and talented in different ways and shapes.

Every day they are inspiring me to be a little more like them and a little less like that quiet girl in the corner that can't express herself, I still happen to be that person from time to time. (No hard feeling guys I promise I think you are all rockstars!)

I don't know what the future holds for me those days, but I can barely wait to find out.

"There is a way out of every box, a solution to every puzzle; it's just matter of finding it."

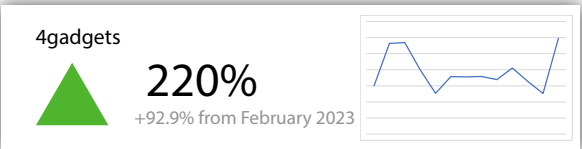
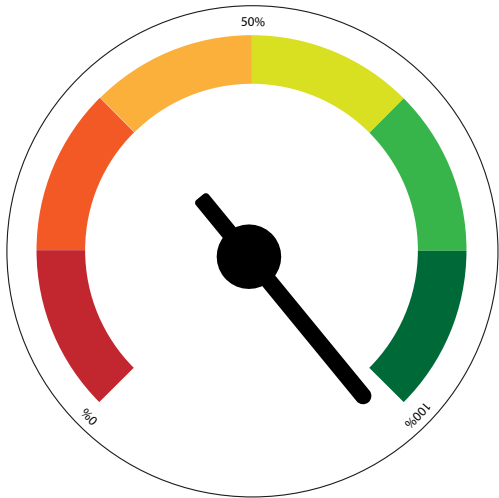
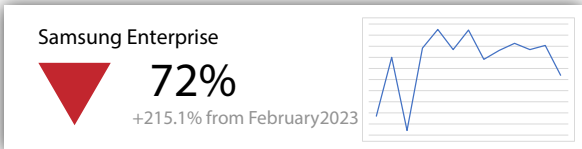
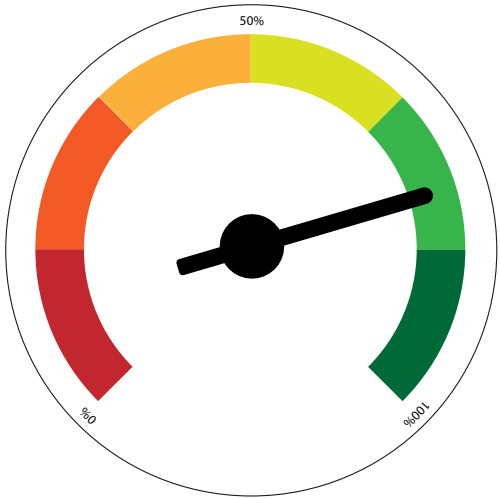
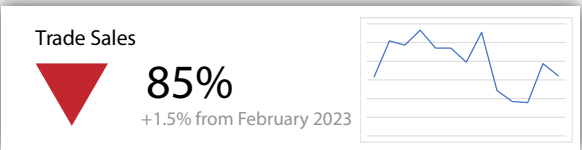
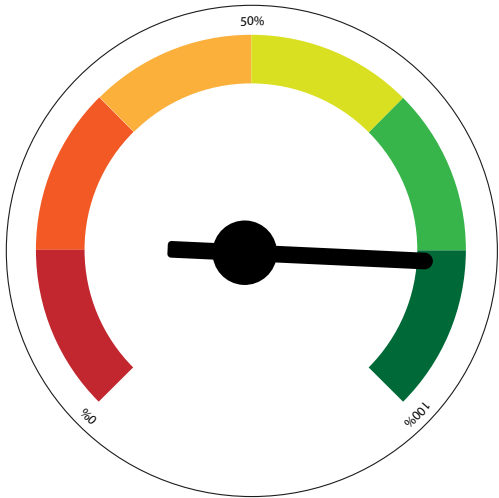
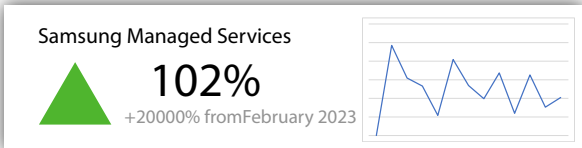
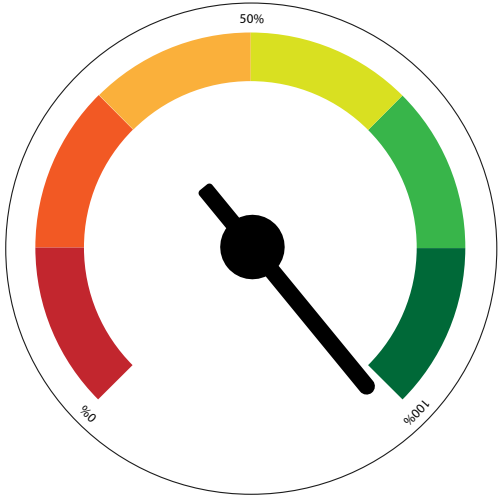
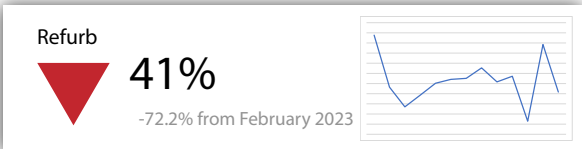
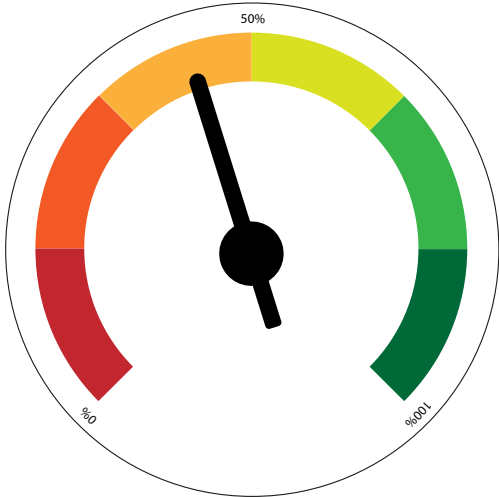
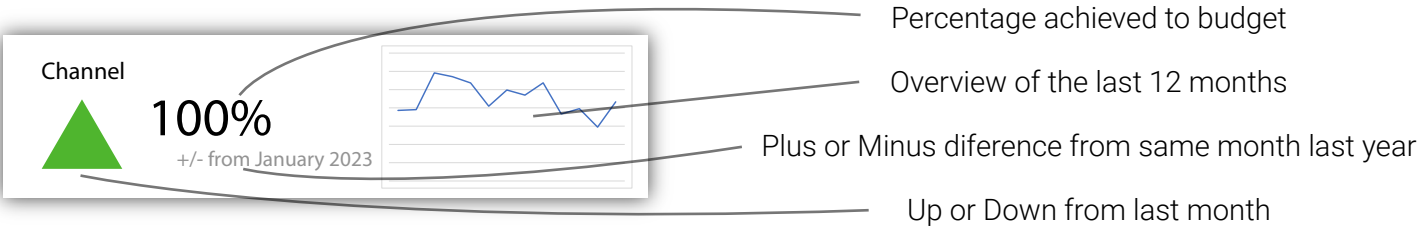
Capt. Jean-Luc Picard

Paulina Psiek

MONTHLY RECAP

FEBRUARY 2024

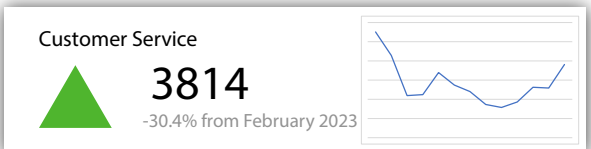
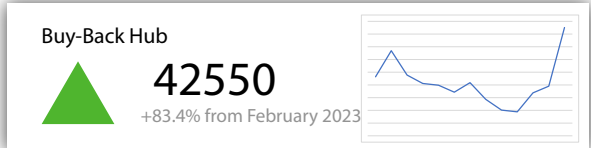
Guide



42550

Incoming Call

3814





A new scheme to recognise and thank colleagues

You may have already heard about our We Thank U initiative – and we're pleased that it has gone live across all of our businesses for the last couple of months!

We wanted to create a culture of recognition which allows all colleagues, no matter what their length of service or role, to feel appreciated.

We Thank U incorporates a multitude of ways to ensure you can benefit from more recognition opportunities at an organisational as well as a local level.

Please do fill out the cards that are located in the kitchen areas of Unit 10 and Unit 12.

Each colleague that receives a card take a photo of the message and scan the QR code to be in with a chance of going on an amazing all paid for holiday with other recognised colleagues.

Previous winners from MTR include, Pietro, Dom, Andrea, Henal, Ben, Steve, Perry and Marius. Do speak to them if you have any doubts.



And, three great reasons to nominate

- 1 It's a fantastic way to **recognise** well-deserving colleagues
- 2 If you're nominated, you could win £100 voucher OR an all expenses paid trip!
- 3 If your nomination is successful, not only will the winner join the exclusive trip, but **YOU** will win a **£50 voucher***

Recognise & Engage



We're delighted to inform you that, for this year only, Friday 27th December 2024 will be an additional Bank Holiday!

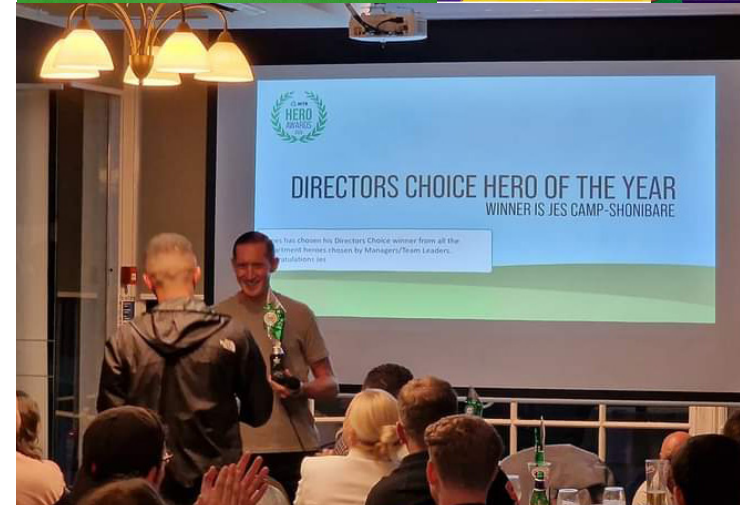


Highly Commended

5

10

7

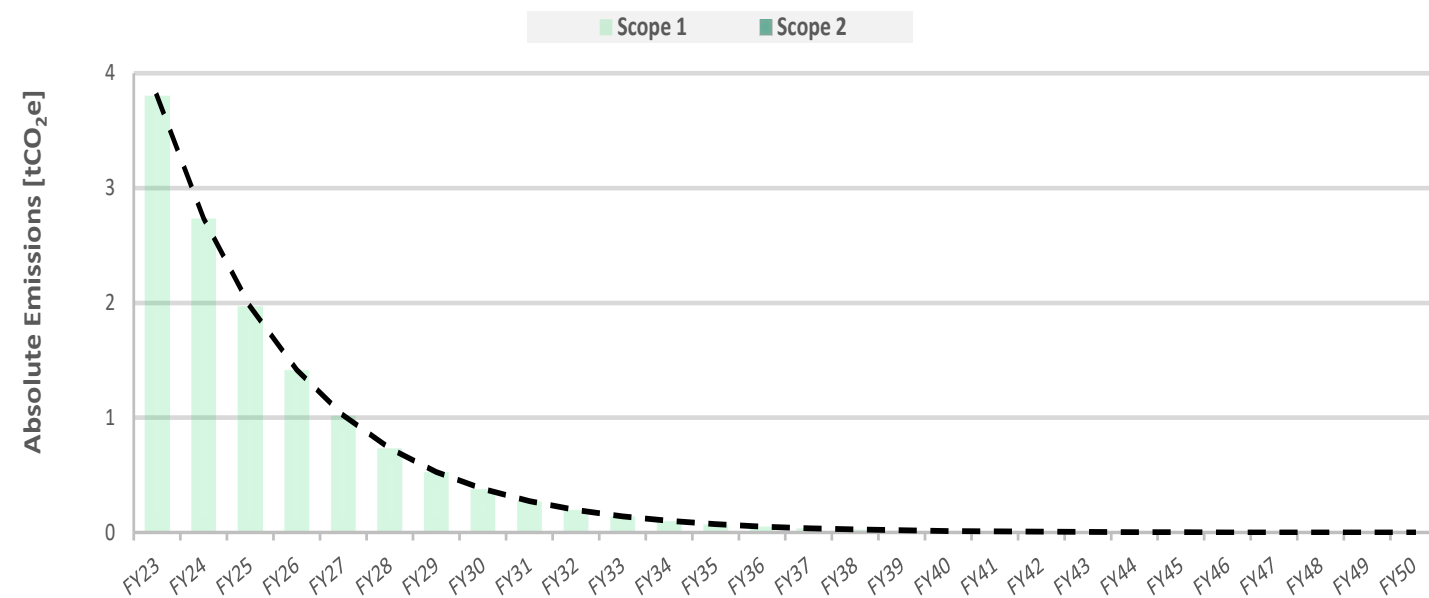


A big **green** welcome

exertis | SUSTAINABILITY

MTR is committed to reaching Net-Zero by 2050. We will achieve this by reducing our emissions by a minimum of 90% against our baseline year and actively engaging in carbon removal projects to remove residual emissions.

We understand the importance of further strengthening our green credentials by identifying, monitoring, measuring, and reporting all environmental aspects of our business, and reducing the potential impacts.



We have adopted the following carbon reduction targets to drive our progress toward achieving net-zero. Our target is to reduce our absolute scope 1 and 2 emissions by 90% by 2030 from a FY22/23 base year. Progress against these targets can be seen in the graph above: Over the next seven years, we project that scope 1 and 2 emissions will decrease to 0.5 tCO₂e or further by 2030, achieving a reduction of at least 90% from the base year.

arete **»** Lead the way to a **Zero Carbon** future.
ZERO CARBON

For a healthy living and to cut down on commuting costs, we offer a cycle to work scheme. The government allows employers to offer bikes to employees tax free.

Cycle Solutions

Cycle Solutions are fully approved providers of the Cycle to Work Scheme, working with hundreds of organisations across the UK to deliver the most popular workplace benefit.

We're partnered with over 1,250 bike shops across the UK, giving you bundles of bikes, clothing and accessories to choose from through the scheme. This includes independent bike shops in local communities and direct through your customised Cycle Solutions online store.

<https://www.cyclesolutions.info/exertis>

CAR SHARING

Why should I car share?

Car sharing is an easy way to reduce the cost of your journeys. Sharing your commute with a colleague can halve the costs of your daily commute.

It reduces the number of cars on our roads - resulting in less congestion, pollution and fewer parking problems.



Rank	Team & Manager	G/W	TOT
1	David Speckham Nathan Holman	21	1741
2	Team Arsenal David Ansell	15	1676
3	Hodgson XI Harry Hodgson	12	1653
4	Pending Moderation Matt Fitzgerald	21	1611
5	Mati Mateusz Szmilko	18	1602
6	Garnacho Cheese Andy Douglass	13	1601
7	Dunk N Donuts Vicky wood	9	1593
8	The Dominator Domenico Ferro	8	1573
9	Nile FC Sami Norine	20	1573
10	You'reTakingLeTiss Steven Savill	16	1568
11	Hodgson's Hotspurs Benjamin Hodgson	14	1568
12	Swinndon Town FC billy swinn	13	1551
13	Cookie's XI Jordan Cook	19	1551
14	Cordys 11 Sam Corderoy	11	1522
15	Barbie Goals christabel moore	7	1464
16	Robin's Blues Too ROBIN LOZEAU	18	1463
17	Lallana Del Rey Ellie wood	13	1459
18	Chazzels XL Chaz Hodgson	10	1454
19	Dierbolical rakim moore	8	1449
20	Bad Decisions FC Agnes Juhasz	2	1260
21	Jordi's XI Jordan Nicholls'	7	950

Deadline to enter your £5 for FPL is 30/03/2024

If you finish top and have not paid in by then you will not be eligible to win Out of those who have payed in the highest placing teams will win a percentage of the pot.

The overall winner will also receive a trophy which will stay with you for the next season. Contact Steve to contribute your £5 to the pot.

Gameweek 30: Sat 30 Mar 11:00			
All times are shown in your local time			
Saturday 30 March 2024			
Newcastle	12:30	West Ham	
Bournemouth	15:00	Everton	
Chelsea	15:00	Burnley	
Nott'm Forest	15:00	Crystal Palace	
Sheffield Utd	15:00	Fulham	
Spurs	15:00	Luton	
Aston Villa	17:30	Wolves	
Brentford	20:00	Man Utd	
Sunday 31 March 2024			
Liverpool	14:00	Brighton	
Man City	16:30	Arsenal	

Accurate as of 18/03/2024

Group A
Andy Douglass
Steve Savill
Lubomir Teres
Jordan Nicholls

Group D
Mark Healy
Jordan Cook
Matt Fitzgerald
Sam Corderoy

Group B
Ben Hodgson
James Goddard
Jarod Strevens
Paulina Pskiet

Group E
Billy Swinn
Chris Lawrence
Jes Camp-Shonibare
Brandon Smith

Group C
Mark Healy
Jordan Cook
Matt Fitzgerald
Sam Corderoy

Group F
Dan Donnelly
David Ansell
Perry Kennard
Paolo Termine

1st and 2nd will automatically progress to knock out rounds, the 4 best placed 3rd positions will also progress

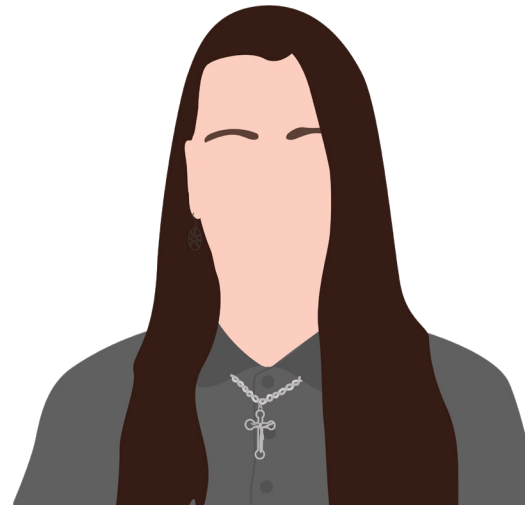
Just4Fun

What do you call a magic dog?

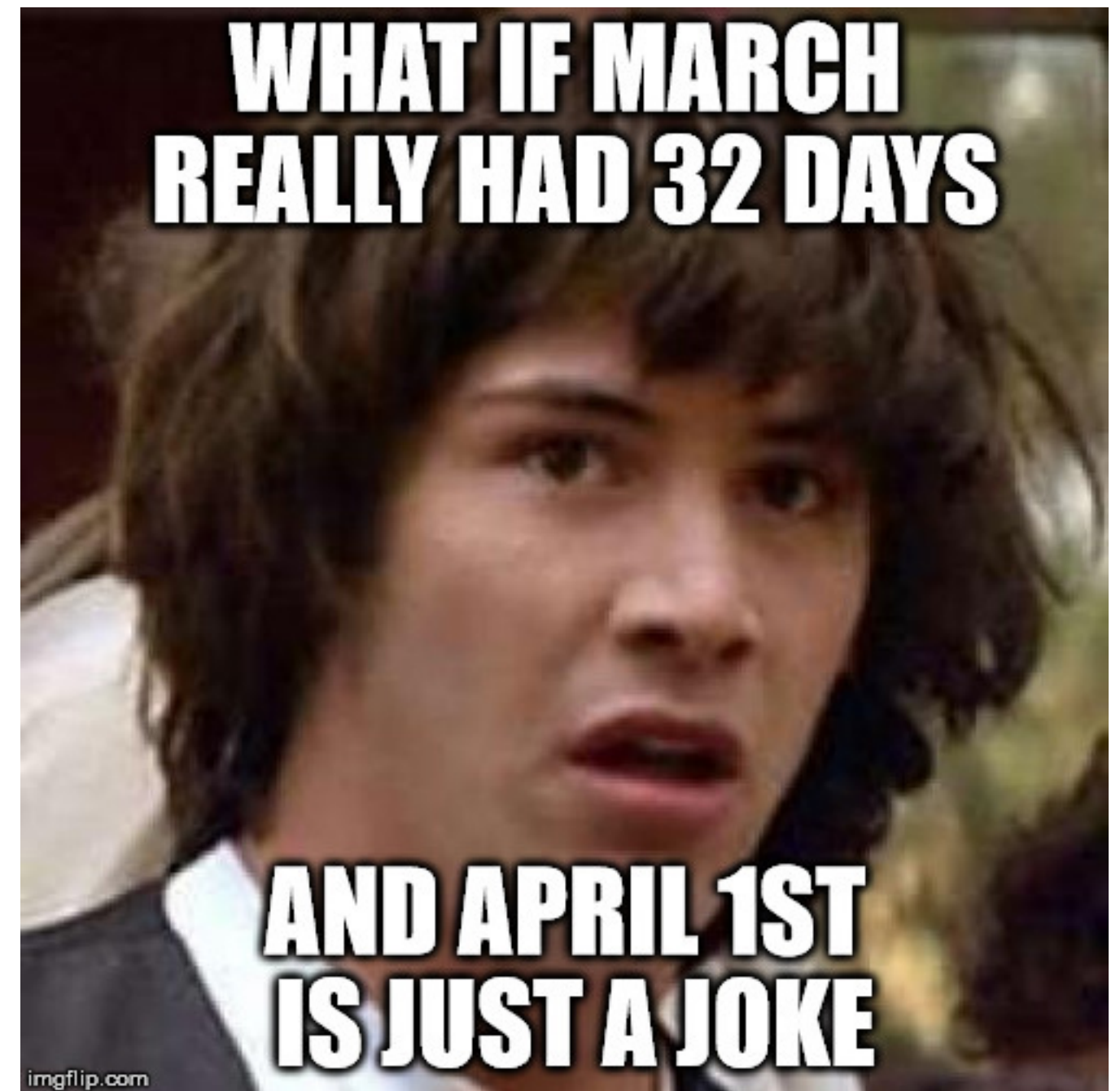
A labracadabrador

"Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul."

Luther Burbank



Name the colleague?



Central Park, New York, United States of America

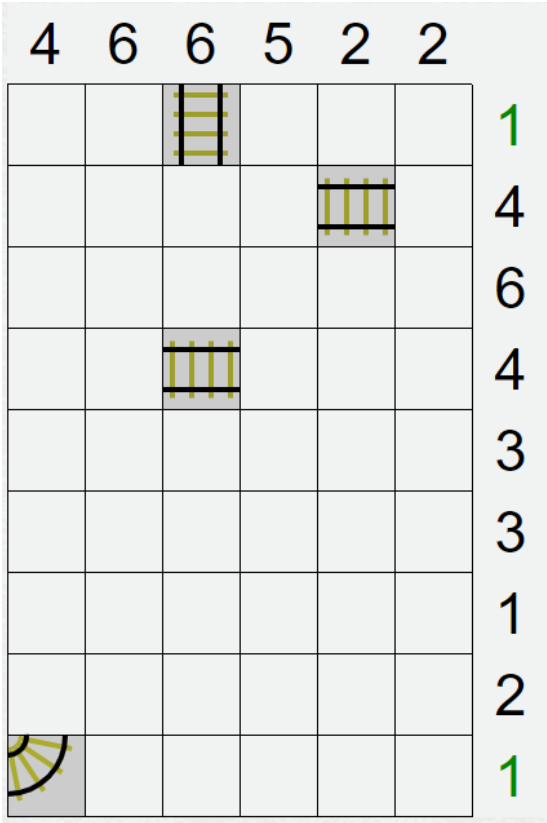
Tranquil Moments

BRAIN FOOD

TRAIN TRACKS

Can you lay the rails for a line linking towns A and B.

Each Row has a number above or to the right which indicates how many sections of track must be in that row.



1	4		8			5	7	
		6		7	5	1	3	
		5		1			9	4
		4		6			1	
			2		1			
	1			4		3		
9	3			5		8		
	6	7	3	8		9		
	8	1			6		2	3

SUDOKU

To complete the Sudoku puzzle, enter numbers into the spaces so that each row, column and 3×3 box contains the digits 1 to 9 without repeats.