

NEWSLETTER

“A little bit of
summer is what
the whole year
is about.”



Issue 24
August 2024

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Teens Unite

What is in this months issue:
Business Updates
September Birthdays
Recognise & Engage
Last Month Overview
Upcoming Events

TEENS UNITE

Hi everyone at MTR, I'm Alex and I am a partnerships manager at teens unite.

We have recently agreed a fundraising partnership with MTR for 2024/25.

Domenico and Samantha have already raised some money for us and we are hoping everyone can help with this amazing cause.

Some more information on teens unite and what we do are below..

Teens Unite improves the lives of 13-24-year-olds who are living with, and beyond cancer. We believe there should be more to life than cancer - every young person deserves to thrive following a diagnosis.

We are the only charity to provide teenagers and young adults with the ongoing support needed to overcome the specific challenges cancer brings to this age group.

40,000 teenagers and young adults in the UK are living with cancer and the lasting effects of their treatment.

An additional 2,500 cases of cancer will be diagnosed in teenagers and young adults

this year alone.

With the support of Teens Unite, 91% feel an improvement on their mental health, and 90% have a more positive outlook on life; empowering them to take the next steps towards rebuilding their lives - we're determined for more young people to experience this.

Your support is vital, every little helps. From bake sales to challenges, come together, and join us in making a difference to the lives of many.

Alex



To donate to teens unite scan the QR code above and give what you can

teens:)
unite

Alex
Cousins

Partnerships
Manager

Alex
Cousins

How you can support

Whether it's taking on a challenge in teams, individually, or organising an event in the office - come together to make a difference to others.

Fundraising

Work as a team or challenge yourself individually. Take on one of our organised challenges or embrace an idea of your own.

Sponsorship

Sponsor a beneficiary or fundraising event ranging from smaller scale activities; right up to our most revered annual galas.

Expertise sharing

Deliver valuable knowledge through sharing your skills and expertise to support young people during our activities and programmes.

Gift in Kind

Donate goods, products or services to support the operations of the charity, to use at beneficiary events or for resale.

Volunteering

Gift your time either individually or as a group through employer supported volunteer days, to supporting fundraising events or helping at our retail outlets.

An Overview

40,000

teenagers and young adults in the UK are living with cancer and the lasting effects of their diagnosis and treatment.

2,500

new cases of cancer will be diagnosed in teenagers and young adults this year alone.

84%

of teenagers and young adults are surviving their cancer for five or more years, and need the support of Teens Unite to rebuild their lives.

Cancer has a lasting impact on the lives of teenagers and young adults, even long after treatment comes to an end.

It affects their:



Mental health



Physical ability



Independence



Education



Employment



Goals and aspirations



Confidence and self-esteem



Family life



Friendships and relationships

teens:)
unite

BUSINESS UPDATES

MENTAL HEALTH WALKS

Despite the weather the walks will still be going ahead and will NOT be postponed. The next walk is taking place on Wednesday 7th August

MTR COMMITTEE

We are still looking for colleagues to apply for the revamped MTR committee. If you are willing to spare 2hrs one Friday a month to help make MTR a better place. Please let Steve know if you are interested. steve.savill@mtr.co.uk

HEALTH & SAFETY

Can we all be aware of our surroundings.

Personnel with a safety-first mindset proactively keep an eye out for safety issues. Anything you see please report to your line manager. Keep yourself and everyone else safe by always focusing on the situation ahead, avoiding potentially dangerous situations.

WE THANK U CARDS

There has been a very good increase in the use of these and the Exertis Express online nominations over the last few weeks which is amazing to see. If there are any still any questions you have with the cards or how to nominate someone please do ask Steve (steve.savill@mtr.co.uk)

MTR TOWNHALL

The 3rd MTR Townhall is taking place on 25th October 2024.

EXERTIS EXPRESS

Congratulations to Henal who was chosen for next the Exertis Express trip. Keep up the excellent work everyone.

JOB OPENINGS

We have a vacancy opening up shortly within the IT department. You will be working alongside Perry, maintaining our IT and Infrastructure. This position is open to all current MTR employees. If you think you are the right person for the job please make yourself known by speaking to Perry. (perry.kennard@mtr.co.uk)

RUNNING CLUB

If you have never run before or just fancy a walk, ask Ben for more information. ben.hodgson@mtr.co.uk

AUGUST BIRTHDAYS



Luke Ruiz-Ferrari
Henal Radia
Jes Camp-Shinibare
Jo Oladipo
Dom Ferro
Cara-Blue Donnelly
Joanna Ciezak
Andrea Kariolis
Scott Weller
Jamie Preston
Peter Whitbread
Juliette Finch
Stefan Preda

Wed 4th September
Mon 9th September
Mon 9th September
Tue 10th September
Tue 10th September
Sat 14th September
Mon 16th September
Wed 18th September
Sat 21st September
Wed 25th September
Fri 27th September
Fri 27th September
Sun 29th September

Are you involved in any fundraising or charity events?

Please let us know so we can share your journey with the team and help raise awareness



If you wish to enter, we have a small competition running alongside.

£5 entry fee which is optional.

Out of those who have payed in.

The highest placing team will win the pot at the end of the season.

RECOGNISE & ENGAGE



Middle Management Hero

Chris Lawrence

Chris has had a great year and performance for the channel, took full control and lead over backmarket, deal with a huge increase of orders daily and changing team.

Accounts Hero

Peter Lukasc

Peter is extremely organised and reliable person; he brings in good initiatives and has been instrumental in improving our inventory days as well as an improved working capital.

Developer Hero

Laventhira Tharmachandran

Laven is an exceptional employee who always goes above and beyond in his role, maintaining MTR's core systems and is overseeing a transition to a new platform for our BBH and Halo systems.

Customer Service Hero

Andrea Kariolis

Andrea has had an incredible year, she is a rock within the customer service team who can always be relied upon to deliver outstanding customer service.

Trade Sales Hero

Samantha Scott

Another consistent year of selling and growth in Revenue and GP from Sam, who actually overtook MTR core and sits top of the trade sales selling table for QTY, REV and GP.

4gadgets Hero

Daniel Donnelly

"This was a tough choice because not only did I have to combat the choice of two people, but the worry of nepotism – (I Ran an anonymous teams survey between the team for back-up) Dan has been the backbone of 4Gadgets and has returned back to MTR with a newfound fire to do well, and it has shown in his determination, will to do well, and willingness to learn and always make sure the days are complete and making his presence known."

Services Hero

Cara-Blue Donnelly

Over the last year Cara has made massive improvement on her efficiency with data wiping by going from 250-300 daily to being able to hit 1000+ daily during peak Trade In. She has now taken on helping with Salvage by dealing with all the failed devices and managing to recover around 80% of the devices and getting them to a reset state instead of them going into the BER despatch. Cara even takes time outside of work to research about things I have mentioned to her at work to find out how things work I.E looking up how to repair apple devices for when we start doing so with Salvage repairs, and also telling me things she wants to implement to make the datawipe area more efficient, so I have been letting her take the reigns with that and hopefully we will see even more efficiencies and successes in the datawipe area.

Regrading Hero

Sylwia Zajac

I took data from a whole working year (between 04/06/23 and 03/06/24) and Sylwia's work, days, numbers are number one with Magda Saczek following very close behind! Sylwia strives to hit consistent numbers and the reports and data I ran show that! Well done for managing consistent excellence!

Logistics Hero

Jason Clark

Jason has demonstrated great leadership in supporting and guiding the logistics department across the year. He has come up with some great initiatives and ideas for improving the department and has great knowledge of his role and the one of his colleagues. keep up the good work.

Enterprise Hero

Saskia Plummer

"Sas has proven over the past year that she has exceptional skills in most areas or tasks that she is assigned. She is dedicated to the team and wider business, and always keen to learn more to support the team by relieving them of some tasks that she is able to fulfil. Her customer service skills are outstanding, always able to calm a customer or cater to their needs. Her strong work ethic and positive attitude keep a bright atmosphere in the team, she is a joy to be around, and I am proud of what she has achieved so far. She's got so much potential to do great things in her future and career with MTR. People across the business are always singing her praises, she deserves all the recognition for her hard work and dedication. Keep up the brilliant work, Sas!"

BBH Unpacking Hero

Dianne Whitbread

For all of us, Dianne is most definitely a role model. We all find great inspiration in her conduit, compassion, sensitivity, and eagerness to learn more every time; it also shows how professional and kind colleague she is. Thank you for all your support, Dianne!

BBH Testing Hero

Vane Bagalovski

Vane is a modest but aspirational and diligent teammate. Always focused on achieving his goals, however an excellent team player. Thank you for the good work, Vane!

BBH Laptops Hero

Nathan Holman

Nathan is a talented colleague who is consistently eager to assist but at the same time happens to be one of the most devoted supporters of the Spurs. He grew from one year to the next, and we are only filled with pride for him. Thank you for your support, Nathan!

GAMES

What is Forrest Gump's password?

1forrest1

SUDOKU

Put each of the numbers 1-9 once in every row, column and 3x3 box.

	9				3		2	
	7				6			
	1		8				7	9
		3			8		9	
	2			1			5	
		4			5		8	
		2	6			5		
						7		6

NUMBER WORKOUT

Fit the numbers 1-6 once in every hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any single hexagon.

